CONFIDENTIAL QUESTIONNAIRE  
The Sexual Integrity Inventory

Please answer the following questions by circling the appropriate response.

1. Have you ever tried to stop a certain type of sexual behavior, but were unsuccessful?  
   Yes  No
2. Do you regret the amount of time you spend online in related sexual activities, such as  
   sex chat rooms, viewing porn, engaging in webcam sex, or interacting with prostitutes?  
   Yes  No
3. Do you feel preoccupied or distracted by your sexual thoughts or activity?  
   Yes  No
4. Have you hidden porn from your family or lied about your use of pornography?  
   Yes  No
5. Does your wife, friends or family ever worry or complain about your sexual behavior?  
   Yes  No
6. Have your sexual activities interfered with some aspect of your professional or personal  
   life – caused a problem at work, loss of relationship with your wife, girlfriend or family?  
   Yes  No
7. Were you ever sexually abused by anyone when you were younger?  
   Yes  No
8. Have you looked at pornography in the past week?  
   Yes  No
9. Did you look at porn or masturbate regularly during your adolescent or teenage years?  
   Yes  No
10. Have you ever thought that a sexual activity you have engaged in is totally “weird”?  
    Yes  No
11. Do you look forward to family events being over or for a spouse or significant other to  
    go somewhere without you so you can more easily engage in sexual activity?  
    Yes  No
12. Have you had certain kinds of sex or had sex with certain people that later disgusted you  
    when you thought about it?  
    Yes  No
13. Have you ever had an affair while in a committed relationship?  
    Yes  No
14. Do you think you spend too much time flirting or looking at other women?  
    Yes  No
15. Do you frequently engage in sexual humor?  
    Yes  No
16. Do you ever use masturbation to manage stress or to go to sleep?  
    Yes  No
17. Have you ever lost a job because of viewing pornography while at work or because you  
    had an affair with a co-worker?  
    Yes  No
18. Do your sexual activities place you in danger of arrest or have you been arrested for your  
    sexual activities?  
    Yes  No
19. Have you ever exposed your spouse or girlfriend to a sexually transmitted disease and  
    not told them about it?  
    Yes  No
20. Has anyone ever been hurt emotionally by events related to your sexual behavior, e.g. lying  
    to your partner or friends, not showing up for events/appointments due to sexual activity?  
    Yes  No
21. Have you ever been sexual with a minor, or when you were a minor did you ever have sex  
    with someone much younger than you?  
    Yes  No
22. Have you made repeated promises to yourself or another person to change some form or  
    your sexual activity, only to break that promise later?  
    Yes  No
23. Have you ever wondered about your sexual preferences?  
    Yes  No
24. Have you ever feared being homosexual?  
    Yes  No
25. Have you ever engaged in repeated experiences of unsafe or “risky” sex even though you  
    knew it could cause you harm?  
    Yes  No
26. Have you ever had a sexually transmitted disease?  
    Yes  No
27. Have you ever had sex with someone just because you were aroused and later regretted it?  
    Yes  No
28. Have you ever cruised public restrooms, rest areas, gym locker rooms or other public places  
    seeking anonymous sexual encounters with strangers?  
    Yes  No
29. Have you ever talked to a pastor or professional counselor, psychologist, or doctor about  
    your sexual behaviors?  
    Yes  No

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Single men, please proceed to the Closing Question below. 
Married men, or men who were previously married, please complete all of the remaining questions.

30. Did you think that marriage would solve your sexual problems with lust and fantasy and you were disappointed when it didn’t?  
   Yes  No

31. Have you ever felt bored with sex in your marriage?  
   Yes  No

32. Do you expect your wife to submit to your sexual requests all or most of the time?  
   Yes  No

33. Have you ever become angry with your wife for saying no to sex?  
   Yes  No

34. Do you often find that you would rather look at pornography or masturbate than have sex with your wife?  
   Yes  No

35. Does your wife ever complain that you are not attracted to her or that you do not have sexual interest in her?  
   Yes  No

36. Does your wife ever complain about your sexual demands?  
   Yes  No

37. Have you ever used masturbation to avoid pressuring your wife for sex?  
   Yes  No

38. When you have sex, do you feel depressed afterwards or later regret it?  
   Yes  No

**Scoring:** If you answered yes to half or more of these questions, we encourage you to speak to someone such as a trusted friend, a pastor, or a professional counselor. We also encourage you to contact us at Faithful & True. Call 952.746.3880 or visit our website: faithfulandtrue.com for more information.

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This assessment is for informational purposes only and cannot substitute for a full evaluation by a clinical professional; the inventory should only be used as a guide to understanding your sexual behavior and the potential consequences associated with that behavior.